

## WRESTLING WITH GOD - STUDY #7

### - GENESIS 31-32

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#### Wrestling with God...

#### Share

1. If you were to describe your life as a journey, what have been some of the significant waypoints you have passed so far?

#### Observe & Reflect

##### *Read Genesis 31:1-21*

2. What reasons does Jacob have for wanting to leave Laban?
3. How would you describe the way Jacob leaves Laban? What old habits do you see in him?
4. What is significant about God's command to Jacob in verse 3?

##### *Read Genesis 31:22-55*

5. What stands out to you in the way God protects Jacob?
6. How does the confrontation between Laban and Jacob end? Why is that important?
7. What does the covenant between Laban and Jacob reveal about their relationship—and about God's involvement?

##### *Read Genesis 32:1-21*

8. Why is Jacob afraid when he hears that Esau is coming with 400 men?
9. What does Jacob's prayer in verses 9-12 reveal about his heart, his fears, and his faith?
10. How does Jacob try to manage the situation with Esau? Do you see trust in God or fear of Esau—or both?

## **Read Genesis 32:22–32**

11. Why do you think God wrestles with Jacob? What do you think the wrestling means?
12. What is the significance of the name change from Jacob to Israel?
13. How does Jacob leave this encounter changed—both physically and spiritually?

## **Next Steps....**

14. Jacob's journey is marked by fear—fear of Laban, fear of Esau, fear of loss. How does fear shape your own decisions and reactions?
15. How does God show faithfulness to Jacob, even when Jacob falls into old patterns? Have you ever had a “wrestle” with God—an experience that left you changed or challenged in your faith?
16. Jacob walks away limping, but blessed. How might God use our physical weakness or struggle to strengthen our trust in God?
17. In what ways does this passage point forward to Jesus? What comfort does it give you to know that Jesus has wrestled on your behalf?
18. What fears are you carrying right now—whether about the past or the future? How might God be calling you to trust him more deeply in those areas?
19. What “idols from the past” do you find yourself tempted to hold on to, like Rachel? What would it look like to leave them behind for good?
20. As we wait for the “new day” of full restoration, how can we walk with hope and confidence—even with a limp?